



July 23, 2019
FOR IMMEDIATE RELEASE
Contact: Steve Richardson
tiger@fwaa.com
214-870-6516

2019 OUTLAND TROPHY WATCH LIST UNVEILED

DALLAS (FWAA) — The **Football Writers Association of America** has announced the preseason watch list for the **2019 Outland Trophy presented by the National Foundation for Infectious Diseases**. This season's list presents a rare wide-open field following the departure of all eight Outland Trophy semifinalists from a year ago and the return of only one FWAA All-American, offensive tackle Calvin Throckmorton of Oregon. The Ducks, along with Michigan, top the list with four selections among the 83 standout interior linemen representing all 10 Division I FBS conferences and independents.

This is the second year of a partnership with the NFID to present the Outland Trophy as part of a public awareness campaign focused on the importance of influenza (flu) prevention during the 2019-20 flu season. The award honoring the top interior lineman in college football will continue to be selected by the FWAA membership and has been rebranded as the Outland Trophy presented by the National Foundation for Infectious Diseases with a social media hashtag of #FightFlu.

Throckmorton, a senior from Bellevue, Wash., was a second-team FWAA All-American and is the lone member of the 2018 FWAA All-America Team on either interior line to return this season. He is joined by three teammates, center Jake Hanson, guard Shane Lemieux and defensive tackle Jordon Scott. Michigan has four members of its offensive front on the list – center Cesar Ruiz, guards Michael Onwenu and Ben Bredeson, and tackle Jon Runyan. Georgia has three players and 15 other schools have two representatives on the list of standouts.

University of Pittsburgh All-American Mark May, the 1980 Outland Trophy winner, will serve as the Outland Trophy #FightFlu ambassador for the upcoming season. May will make media appearances on behalf of the #FightFlu public awareness campaign to remind people to get their annual flu shots.



The recipient of the 74th Outland Trophy will be announced during ESPN's *The Home Depot College Football Awards* on Dec. 12, live from the College Football Hall of Fame in Atlanta. The official presentation to the winner will be made at the **NFID Outland Trophy Awards Dinner sponsored by Werner Enterprises** and produced by the **Greater Omaha Sports Committee** on Jan. 15, 2020. Up to eight semifinalists will be named on Nov. 20 in Omaha and three finalists for the award will be announced on Nov. 25.

Candidates may be added or removed during the season. The distribution of watch list candidates is spread well among the conferences, with the Big Ten and SEC leading the way with 13 each. The Big 12 and Pac-12 are just behind with 12 apiece, followed by the ACC with 10 as well as the American Athletic (6), Independents and Mountain West (4 each), and Conference USA, Mid-American and Sun Belt (3 each). The list includes 32 offensive tackles, 19 defensive tackles, 18 guards and 14 centers.

The Outland Trophy winner is chosen from three finalists who are a part of the annual FWAA All-America Team. The FWAA All-America Committee, after voting input from the entire membership, selects a 26-man first team and eventually the three Outland finalists. Committee members, then by individual ballot, select the winner. Only interior linemen on offense or defense are eligible for the award; ends are not eligible.

The Outland Trophy is a member of the **National College Football Awards Association (NCFAA)**, which encompasses the most prestigious awards in college football. Founded in 1997, the NCFAA and its 25 awards now boast over 800 recipients, dating to 1935. Visit ncfaa.org to learn more about the NCFAA.

The members of the NCFAA are unveiling their preseason watch lists over a 10-day period this month. Sixteen of the association's 25 awards select a preseason watch list and the NCFAA has spearheaded a coordinated effort to promote each award's preseason candidates. Following is the remainder of the 2019 preseason watch list calendar:

Tues., July 23: Outland Trophy presented by NFID/Bronko Nagurski Trophy
Wed., July 24: Lou Groza Award/Ray Guy Award
Thurs., July 25: Paul Hornung Award/Wuerffel Trophy
Fri., July 26: Walter Camp Award

The **Outland Trophy**, now in its 74th year, is the third-oldest major college football award. Created in 1946 when Dr. John Outland presented the FWAA with a financial contribution to initiate the award, the Outland Trophy has been given to the best interior lineman in college football ever since. Dr. Outland, an All-American at the University of Pennsylvania in the late 1890s, eventually took up practice in Kansas City, Mo. An avid outdoorsman, Dr. Outland believed linemen did not get the credit they deserved and

wanted an award to recognize them.

About the National Foundation for Infectious Diseases

Founded in 1973, the National Foundation for Infectious Diseases (NFID) is a non-profit, tax-exempt 501(c)(3) organization dedicated to educating the public and healthcare professionals about the causes, prevention and treatment of infectious diseases across the lifespan. Visit nfid.org for more information.

About the Football Writers Association of America

Founded in 1941, the non-profit Football Writers Association of America (FWAA) consists of more than 1,300 members, including journalists, broadcasters, publicists and key executives in all areas of college football. Led by current President Matt Fortuna of The Athletic, longtime Executive Director Steve Richardson, and a board of veteran journalists, the association continues to grow and work to help college football prosper at all levels. Visit footballwriters.com for more information about the FWAA and its award programs.

The Outland Trophy branding marks were developed by **Torch Creative**, a Dallas-based design studio with a heavy focus on branding, logo design and development, illustration and typography design. For more information, visit torchcreative.com.

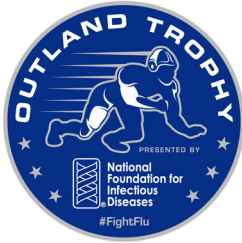
Twitter:

@OutlandTrophy

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@NFIDVaccines

#FightFlu



2019 OUTLAND TROPHY PRESEASON WATCH LIST

The **Outland Trophy** is presented to the nation's most outstanding interior lineman by the **Football Writers Association of America** and the **National Foundation for Infectious Diseases**

OFFENSIVE TACKLES (32)

Trey Adams, Washington
Hakeem Adeniji, Kansas
Tremayne Anchrum, Clemson
Mekhi Becton, Louisville
Jake Brown, UCF
Brady Christensen, BYU
Ezra Cleveland, Boise State
Coy Cronk, Indiana
Liam Eichenberg, Notre Dame
Charlie Heck, North Carolina
Justin Herron, Wake Forest
Robert Hunt, Louisiana
Alaric Jackson, Iowa
Victor Johnson, Appalachian State
Josh Jones, Houston
Walker Little, Stanford
Abraham Lucas, Washington State
Colton McKivitz, West Virginia
Thayer Munford, Ohio State
Jake Nelson, Nevada
Lucas Niang, TCU
Marcus Norman, USF
Miles Pate, WKU
Benjamin Petrula, Boston College
Jon Runyan, Michigan
Rashawn Slater, Northwestern
Andrew Thomas, Georgia
Calvin Throckmorton, Oregon
Prince Tega Wanogho, Auburn
Jedrick Wills Jr., Alabama
Isaiah Wilson, Georgia
Tristan Wirfs, Iowa

OFFENSIVE GUARDS (18)

Jack Anderson, Texas Tech
Parker Braun, Texas
Ben Bredeson, Michigan
Navaughn Donaldson, Miami
Jovahn Fair, Temple
Luke Juriga, Western Michigan
Kirk Kelley, Troy
Solomon Kindley, Georgia
Tommy Kraemer, Notre Dame
Gus Lavaka, Oregon State
Alex Leatherwood, Alabama

Shane Lemieux, Oregon
John Molchon, Boise State
Michael Onwenu, Michigan
Josh Sills, West Virginia
John Simpson, Clemson
Logan Stenberg, Kentucky
Tre'Vour Wallace-Sims, Missouri

CENTERS (14)

Tyler Biadasz, Wisconsin
Levi Brown, Marshall
Cohl Cabral, Arizona State
Jake Hanson, Oregon
Bryce Harris, Toledo
Nick Harris, Washington
Creed Humphrey, Oklahoma
Keith Ismael, San Diego State
Jordan Johnson, UCF
Jimmy Morrissey, Pitt
Cesar Ruiz, Michigan
Zach Shackelford, Texas
Darryl Williams, Mississippi State
Dustin Woodard, Memphis

DEFENSIVE TACKLES (19)

Ross Blacklock, TCU
Quinton Bohanna, Kentucky
Derrick Brown, Auburn
Doug Costin, Miami
Leki Fotu, Utah
Neville Gallimore, Oklahoma
Javon Kinlaw, South Carolina
Ray Lima, Iowa State
James Lynch, Baylor
Justin Madubuike, Texas A&M
Garrett Marino, UAB
Larrell Murchison, N.C. State
Lorenzo Neal, Purdue
John Penisini, Utah
Jordon Scott, Oregon
Khyiris Tonga, BYU
Raequan Williams, Michigan State
Marvin Wilson, Florida State
Robert Windsor, Penn State